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Here is another excellent nutrition book for readers. Contemporary Nutrition A Functional Approach 5th edition is a worth reading book. Book authors include Anne M Smith and Gordon M. Wardlaw. It is also known as Wardlaw ' s Contemporary Nutrition A Functional Approach. Book publisher is McGraw-Hill Education, 2017.

Contemporary Nutrition is a complete and balanced resource for nutrition information written at a level non-science majors can understand. Completely revised and up-to-date with MyPlate, Healthy People 2020 and Dietary Guidelines for Americans, 2010, it provides the ideal balance of reliable nutrition information and practical consumer-oriented knowledge. With a friendly writing style, the authors act as the student's personal guide to dispelling common misconceptions and to gaining a solid foundation for making informed nutrition choices. Contemporary Nutrition emphasizes that a population consists of individuals with varying genetic and cultural backgrounds, and these individuals will have varying responses to diet. The knowledge gained from this text will allow students to personalize nutrition information and empower them to make better choices in their daily lives. Users who purchase Connect Plus receive access to the full online ebook version of the textbook.

CD-ROM: NutriQuest 2.0 -- Dietary Analysis Software.

HEALTH, SAFETY, AND NUTRITION FOR THE YOUNG CHILD, 9th Edition, covers contemporary health, safety, and nutrition needs of infant through school-age children--and guides teachers in implementing effective classroom practices--in one comprehensive, full-color volume. Concepts are backed by the latest research findings and linked to NAEYC standards. The book emphasizes the importance of respecting and partnering with families to help children establish healthy lifestyles and achieve their learning potential. Early childhood educators, professionals, and families will find the latest research and information on many topics of significant concern, including food safety, emergency and disaster preparedness, childhood obesity, children's mental health, bullying, resilience, chronic and acute health conditions, environmental quality, and children with special medical needs. Also provided are easy-to-access checklists, guidelines, and activities that no early childhood student or professional should be without. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This comprehensive text provides the most current and accurate health promotion and disease prevention information available. The book addresses health promotion for all ages and all population groups - individuals, families, and communities. It includes extensive coverage of growth and development throughout the life span, with an emphasis on normal development as well as the specific problems and health promotion issues common to each stage. A complete unit is devoted to health promotion interventions. It also offers a unique assessment framework based on Gordon's Functional Health Patterns to provide consistency in presentation and an approach in line with the promotion of health. Extensive coverage of growth and development throughout all stages of the life span. A unit on specific interventions for health promotion. Addresses health promotion for all population groups - individual, family, and the community. Incorporates Case Studies that depict actual clinical situations to give students a "real-life" perspective. Innovative Practice examples highlight unique and creative health promotion programs. Summarizes specific clinical interventions in Health Teaching boxes to provide students with "how-to" nursing actions. Think About It clinical scenarios provide critical thinking questions to help readers grasp important concepts. Multicultural Awareness boxes present cultural perspectives important to care planning. Introduces significant issues, trends, and controversies in health promotion through Hot Topics boxes to engage students in critical discussion and debate about these topics. Research Highlights emphasize current research efforts and research opportunities in health promotion. A new Study Questions section (with answers and rationales) helps you review and assess your understanding of chapter content. Care Plans are presented in a consistent format: Nursing Diagnosis, Defining Characteristics, Related Factors, Expected Outcomes, and Interventions. Healthy People 2010 boxes highlight current national health promotion priorities. A new full-color design helps to highlight important features and content. A new companion Evolve website offers case studies with questions and answers, WebLinks, content updates, and a Glossary with search capability to enhance your learning experience.

NEW PERSPECTIVES ON THE INTERNET has been updated to cover the newest releases of the three main web browsers including Internet Explorer 9, Mozilla Firefox 4, and Google Chrome. With the New Perspectives critical-thinking, problem-solving approach, students will learn basic to advanced features of the Internet from Browser Basics to Electronic Commerce. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Now in its tenth edition, Contemporary Strategy Analysis continues its tradition of accessibility, practicality, and real-world relevance to graduate and undergraduate students around the world. Focusing on strategic analysis, value creation, and implementation, this book provides a rigorous grounding in essential principles while offering up-to-date perspectives based on practices used at leading companies across industries and borders. Comprehensive coverage merges theory and application through new and updated cases, and the discussion surrounding business policy, business strategy, and the business environment links concept to context for a holistic understanding of the mechanisms at work. To keep pace with the field ' s constant evolution, this new edition has been revised to reflect the current business landscape with expanded coverage of critical topics including disruption, innovation, technology, and other factors impacting strategic planning and implementation. Global perspectives throughout highlight the dynamic nature of strategic management in the face of borderless business, equipping students with the well-rounded knowledge base the future of business demands.

Health Care USA, Eighth Edition, offers students of health administration, public health, medicine, and related fields a wide-ranging overview of America ' s health care system. Combining historical perspective with analysis of current trends, this expanded edition charts the evolution of modern American health care, providing a complete examination of its organization and delivery while offering critical insight into the issues that the U.S. health system faces today. From a physician-dominated system to one defined by managed care and increasingly sophisticated technology, this essential text explains the transformation underway and the professional, political, social, and economic forces that guide it today and will in the future. Balanced in perspective and comprehensive in its coverage, Health Care USA, Eighth Edition, provides students with a clearly organized, straightforward illustration of the complex structures, relationships and processes of this rapidly growing industry, including thoroughly updated information throughout, on the progress and impact of the Affordable Care Act (ACA). The Eighth Edition has been thoroughly revised to reflect recent developments in this dynamic industry. The latest edition features: • A comprehensive overview of the complex and evolving U.S. health care system, plus revised data, material and analysis throughout. • Updated information on the progress and impact of the Affordable Care Act (ACA) • New information on the efforts of hospitals to reduce medical errors, such as the Institute for Health Care Improvement ' s 100,000 Lives Initiative • Update Department of Labor estimates of number and types of health care personnel. • Provide an historical overview of Medicare and Medicaid programs: definitions and history • Explain the role of Managed Care as the primary mode of US health insurance coverage • Updated long term care industry trends • A thoroughly revised chapter on Mental Health services including a new discussion of preventive behavioral services, and recent developments from the " Freedom Commission on Mental Health "